



Adapted Monday Drop-in Format for the 2020-21 season

How to Register

- Create your [profile](#)
- Click on 'Registration' or 'Leagues' tab
- Select Monday Drop-in Group 1 (Fun) or Group 2 (Fierce)
- Double check you have selected the group that works for you
- Proceed to payment and checkout pages
- You will receive an automatic confirmation with a receipt

Note: You can use your profile to register for all GOV programs and events.

***** When creating your profile, please disregard the gender specifications in the profile field. GOV does not have a gender requirement in order to participate!** In fact, we are currently working with our vendor to have their gender and pronoun options updated for all of their future forms. Since this is a more significant change for their business, it's taking longer. For now, feel free to select any of the current gender options you are comfortable with, and ignore any of the pop-ups or other options that may appear.

Sanitation and minimizing potential transmission

Hand sanitizer will be available for players to use. Players are required to use hand sanitizer before, after, and during play (ie. in between sets).

Disinfectant will be available and players are required to disinfect volleyballs in between sets.

All players must wear a cloth face mask that covers the nose and mouth at any time while not on the court. Players are strongly encouraged to wear a mask during play.

Every participant must follow our [COVID-19 protocol](#).

Alternating Groups

To operate within [Ontario's Phase 3 guidance for sports leagues](#) to have closed divisions of no more than 50 players, we will open registration for 7 alternating-week cycles with a maximum of 48 spots for each group.

- **Group 1 - Fun (Skill Levels 6 to 10):** this group will be catered to players who may be brand new to volleyball, those who are starting to become familiar with specialized positions (e.g., setter, outside hitter, middle blocker), and/or those who are comfortable with basic rules and rotation of the game. **First session is September 14, 6:15pm to 8:15pm.**

(or)

- **Group 2 - Fierce (Skill Levels 1 to 5):** this group will be catered to players who are comfortable playing with specialized offensive/defensive formations and systems, harder spikes and faster rallies. **First session is September 21, 6:15pm to 8:15pm**

While we are organizing Drop-in differently this year in order to be inclusive of many skill levels, we will continue to maintain Monday's usual atmosphere of keeping things more social than competitive, and having **no set teams**.

Not sure your skill level? You can use the self-assessment tool available in your [player profile](#):

1. Played professionally or on a national/provincial/state team
2. College/university varsity level
3. Club level / executing more complex offensive plays (e.g. quicks, shoots, tandems)
4. Fast tempo rallies (e.g. quicks), and applying in-depth knowledge of more nuanced officiating scenarios (e.g. ball handling errors, backcourt attacks, use of libero)
5. Specialized offensive and defensive formations and systems (e.g. 5-1, 6-2)
6. Specialized positions (e.g. setter, outside hitter, middle blocker) and comfortable with basic rules and rotation of the game
7. Without specialized positions, but using all six fundamental volleyball skills (serve, pass, set, spike, block, dig)
8. Without specialized positions, but with overhand serves and hard spikes.
9. Without specialized positions, without overhand serves or hard spikes.
10. Brand new to volleyball

Cost, Payments and Punch Cards

Each 7-week series costs \$70.00, equivalent to the \$10 per session charged previously.

Unfortunately, if you miss a session in your series, you are not entitled to a refund. This is because we have to hold your spot whether you show up or not, in order to adhere to the requirement to maintain a closed group.

Payments will be made online through the [Player Portal](#) as part of the registration process.

If you have a punch card from the 2019-20 season, you can turn it in to have the remaining punches converted to credits on your player profile.